

BSG



PE Update

More sport, more variety and more opportunity to play! That's our focus this year in PE - read on to discover some of the exciting opportunities that will happen in sport this year for our students.

Curriculum Developments

A greater variety of sports will be introduced into our PE curriculum this year. Whilst still focusing on the traditional British Curriculum sports we will also be introducing a health related fitness project for every student, aerobics, volleyball, tee ball and other outdoor adventurous activities. P.E. lesson time has also been increased across all Key Stages, giving us more opportunity to improve skill and fitness levels and meet the recommended National Curriculum guidelines for PE.

Swimming Gala and Splash Day

A very competitive Swimming Gala for both KS2 and KS3 took place in October. We were delighted at the quality of swimming and the level of sportsmanship on display. Congratulations to all students on their achievements and everyone who set new school swimming records!



The Normans KS3 Team



Paulo Costa Year 9

A fantastic result for the Normans team who won the KS3 Gala and certainly entered into the spirit of the day! The Roman's team should also be commended for winning the KS2 Gala. Superb individual performances from Eun Ji Shin, Paulo Costa, Yu Qi Chan, Griffin and Riley Kirwan and a special mention for Amara Marese, Danielle Aickin and Dam Gyu Yang for winning events in a higher age category.

The new venue at Lakefront provided a perfect backdrop for some closely fought races. All house teams showed great support for their swimmers making lots of noise and creating a great atmosphere for both galas. It gave our students the perfect platform to showcase their talents and show the progress they have made through our swimming programme this year. We look forward to competing against other schools in the near future.

See back page for individual winners

Splash Day - Foundation and Key Stage 1



Splash Day provided a really fun conclusion to our swimming lessons in the lower school. With confidence building activities like diving for rings, jumping stars, the ball pool and float relays the children had ample opportunity to show off their swimming skills. It was great to see their teachers getting wet as well!

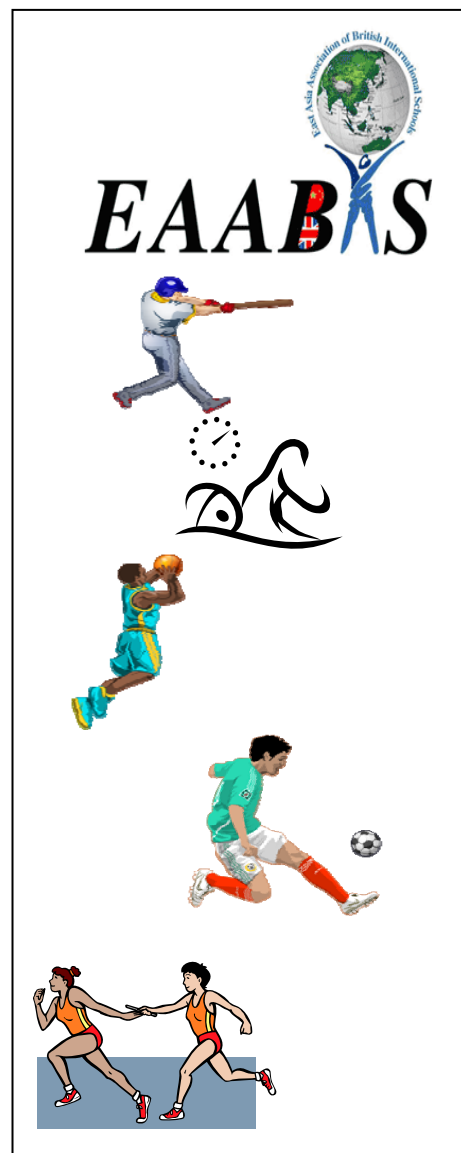
BSG enter EAABIS Games May 2010

For the first time BSG will be entering the EAABIS Games which will be hosted by Dulwich College in Beijing during May 2010. We will be entering a boys' team and a girls' team in the Under 13 competition on May 20th-23rd and also hope to enter an Under 11 team on the 10th-13th June 2010. This is a very exciting opportunity for our students to compete at a high level in the following sports; basketball, football, t-ball, athletics and swimming.

The EAABIS games will hopefully be preparation to our inclusion in the FOBISSEA Games (Federation of British International Schools in SE Asia) in the following year. Our inclusion into FOBISSEA will provide BSG with much more opportunity to compete in sporting events all over Asia

It is our aim to select willing students and start training early for these events. Both the EAABIS Games and the FOBISSEA Games are multi-disciplinary events in which participants have to compete in a number of sports. We will soon be seeking to select students who show sporting prowess across a number of disciplines, have a competitive edge and can form part of a team.

We are also seeking sponsorship for this event and would be most grateful to hear from any willing members of our school community as to how we can support our competitors in their trip to Beijing this May.



BSG School Teams

Big thanks to our coaches who are working hard with our teams to prepare them for future competitions. These clubs are open to *all* students who show a commitment to training. Come along and try!

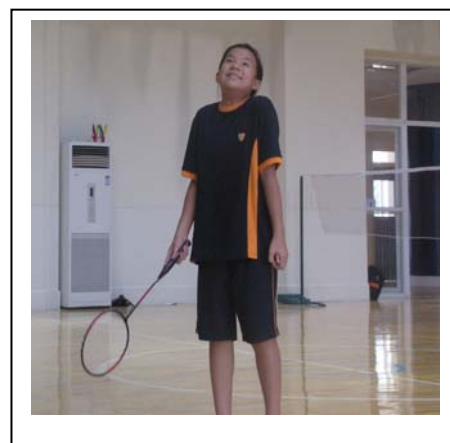
BSG TEAM TRAINING SCHEDULE

| Team | Year | Day | Staff |
|-------------|--------------------------|----------------------------|--------------------------------------|
| Football | KS3 Girls (Lionesses) | Mondays 3.30-4.30pm | Mr Haley Mr Brennan |
| Football | KS3 Boys (Lions) | Wednesdays 3.30- 4.30pm | Mr Kimber Mr Barton |
| Football | KS2 mixed (Cubs) | Wednesdays 3.30- 4.30pm | Mr Grewcock Mr Carr Mr Gooding |
| Touch Rugby | KS3 | Tuesdays 3.30- 4.30pm | Mr Gooding |
| Basketball | KS3 | Tuesdays 3.30-4.30pm | Ms Smyth |
| Badminton | KS3 | Thursdays 3.30-4.30pm | Mr Brennan Mr Carr |

More clubs and training sessions will be introduced shortly, including some lunchtime practices. Keep watching the PE notice boards at school and ask your PE teachers for more details.

Changes with Changing!

By now parents and students will be familiar with the new P.E. uniform which looks really smart and is much more practical for the humid climate in Guangzhou. We have made a decision that all students in KS2 and KS3 will come to school in their school uniform and get changed into their P.E. kit at the start of the lesson. Showering facilities are available for those students who bring in their own towel. In Foundation and KS1 we will keep the same procedure of children coming into school in their P.E. kit. The reasons behind these changes are to promote good hygiene for our older students and encourage good organisational skills.



BSG Swimming Gala Results



| Year Group | Event | Winner |
|------------|-------------------|----------------------------|
| 3 | 15m Backstroke | Amara Marese |
| 3 | 15m Breaststroke | Peter Park |
| 3 | 15m Frontcrawl | Grace Houghton Peter Li |
| 3 | 15m Float (front) | Grace Houghton |
| 3 | 15M Float (back) | Shannon Pereira |
| 4 | 25m Backstroke | Miguel Santos |
| 4 | 25m Backstroke | Valentina Correa |
| 4 | 25m Breaststroke | Harry Anderson |
| 4 | 25m Breaststroke | Natasha James |
| 4 | 25m Float (front) | Amara Marese (yr3) |
| | 25m Float (back) | Janna Rouvinen |
| 4 | 25m Frontcrawl | Jordan Muhor |
| 4 | 25m Frontcrawl | Natasha James |
| 4 | 50m Freestyle | Tae Gyu Yang |
| 5 | 25m Backstroke | William Vaughan |
| 5 | 25m Backstroke | Olivia Small |
| 5 | 25m Breaststroke | Jason Zhang |
| 5 | 25m Breaststroke | Martina Roth |
| 5 | 25m Frontcrawl | Dam Gyu Yang (yr4) |
| 5 | 25m Frontcrawl | Breton Lim |
| 5 | 25m Float (front) | Eric He |
| 5 | 25m Float (back) | Rachel Wu |
| 5 | 50m Freestyle | Griffin Kirwan |

| Year Group | Event | Winner |
|------------|-------------------|-----------------------|
| 6/7 | Individual Medley | Davy Yung |
| 6/7 | Individual Medley | Eun Ji Shin |
| 8/9 | Individual Medley | Paulo Costa |
| 8/9 | Individual Medley | Yu Qi Chan |
| 6/7 | 25m Backstroke | Davy Yung |
| 6/7 | 25m Backstroke | Lisa Han |
| 8/9 | 25m Backstroke | Richard Li |
| 8/9 | 25m Backstroke | Danielle Aickin (yr6) |
| 6/7 | 25m Breaststroke | Ivan Chow |
| 6/7 | 25m Breaststroke | Shua Noh |
| 8/9 | 25m Breaststroke | Marc Santos |
| 8/9 | 25m Breaststroke | Abigail Smith |
| 6/7 | 25m Frontcrawl | Jake Kim |
| 6/7 | 25m Frontcrawl | Grace Anderson |
| 8/9 | 25m Frontcrawl | Dalbert Ma |
| 8/9 | 25m Frontcrawl | Yu Qi Chan |
| 6/7 | 50m Backstroke | Davy Yung |
| 6/7 | 50m Backstroke | Eun Ji Shin |
| 8/9 | 50m Backstroke | Paulo Costa |
| 8/9 | 50m Backstroke | Anna Manning |
| 6/7 | 50m Breaststroke | Jing Ren Chan |
| 6/7 | 50m Breaststroke | Eun Ji Shin |
| 8/9 | 50m Breaststroke | Sunny Yiu |
| 8/9 | 50m Breaststroke | Yu Qi Chan |
| 6/7 | 50m Frontcrawl | Ivan Chow |
| 6/7 | 50m Frontcrawl | Grace Anderson |
| 8/9 | 50m Frontcrawl | Chris Lin |
| 8/9 | 50m Frontcrawl | Abigail Smith |

All winners listed are now current BSG swimming record holders.

KS2 Gala Results:

| | | |
|-----------------------|---------|-------------|
| 1 st Place | Romans | (88 points) |
| 2 nd Place | Normans | (75 points) |
| 3 rd Place | Saxons | (64 points) |
| 3 rd Place | Vikings | (64 points) |

KS3 Gala Results:

| | | |
|-----------------------|---------|--------------|
| 1 st Place | Normans | (110 points) |
| 2 nd Place | Romans | (106 points) |
| 3 rd Place | Vikings | (76 points) |
| 4 th Place | Saxons | (65 points) |